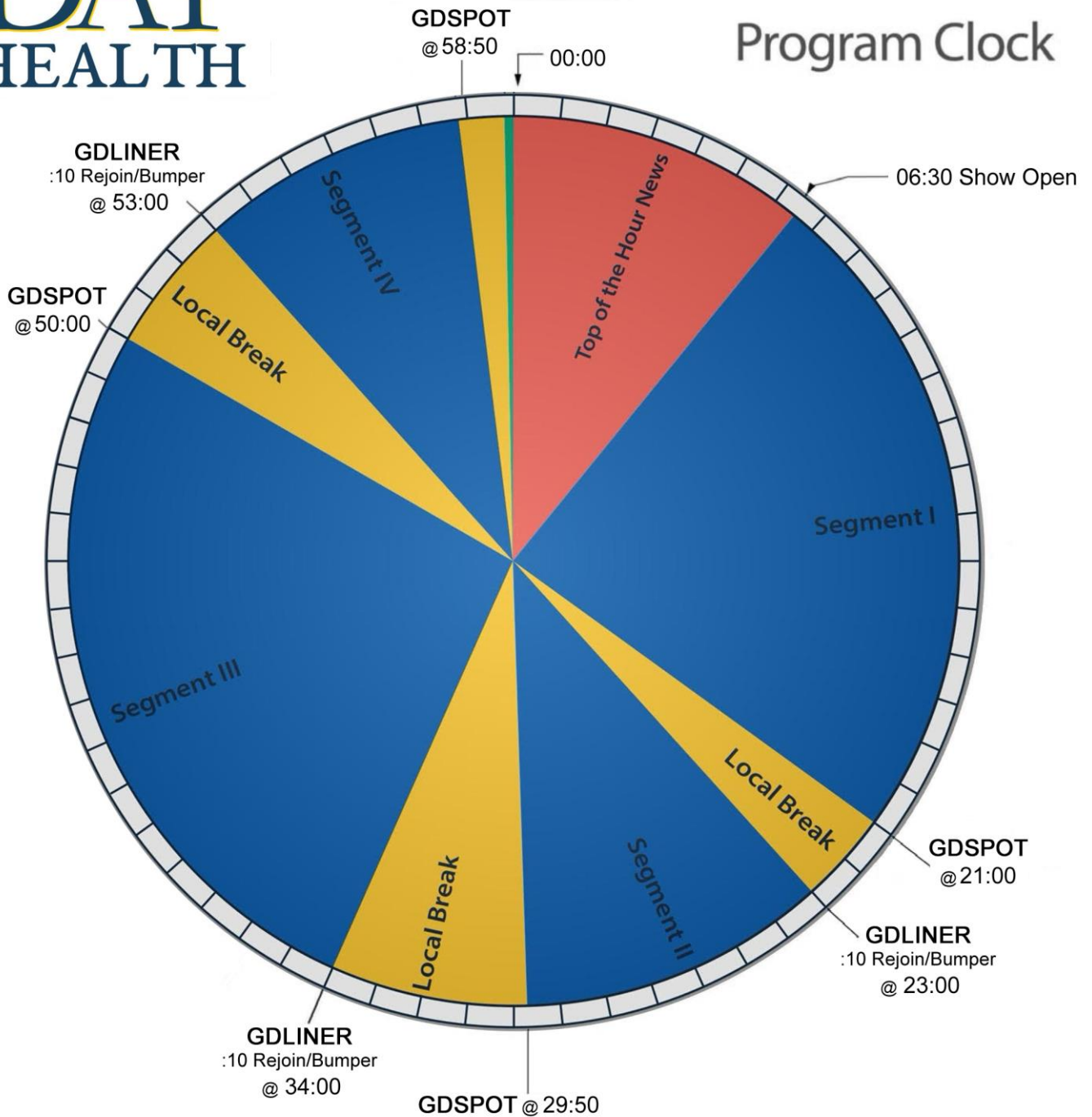




Program Title: TMN - Good Day Health  
 Feed Time: Saturdays, 2 am - 4 am ET  
 Feeds via LinkUp Communications XDS

## Program Clock



LinkUp XDS  
 Tech Support  
 303-925-1708

**Talk Media Network**  
 Where Entertainment Lives

**COMMERCIAL INVENTORY**  
 Network: 6:00  
 Local: 17:50

**NETCUE CLOSURES**  
 GDSPOT - Local  
 GDLINER - :10 Rejoin Bumper

**Talk Media Network  
 Affiliate Relations**  
 (616) 308-7532  
 talkmedianetwork.com

All times are exact.